3: Stannus D-5 (ca. 1912) 1922 FT7 Yao FT7

nor is he "God the creator," of man or earth. He, however, receives the spirits of the dead. Should he refuse to do so, a man continues to live. When a man has recovered from some commonly fatal disease, the natives say, "*Mulungu wakanile* (refused him)!" or if he has been very near to death and then recovers, they say "*Mulungu wamunile* (spat him out)".

It would thus appear that among the spirit hosts there is a regular law of precedence, and presiding over all is a supreme being, but all this is so remote as to have little importance for the living. The vagueness concerning *Mulungu*, I must admit, has given rise to some doubt in my own mind as to how far he was a deity with an entity of his own in their religion of a little time ago.

Ancestors tend to be forgotten in proportion to the length of time which has elapsed since their death, unless they played some important part during their lives: then some particular one may be remembered to the exclusion of others, and to him prayers of intercession are offered. In the case of chiefs, the names of a long line of rulers may be remembered on occasions when all else about them has fallen into oblivion. It seems possible originally *Mulungu* was the oldest ancestral chief who was raised up as a supreme being but who, in the process, has lost all other attributes. On the other hand, the word often refers only to the place where the spirits dwell; this may have been the original meaning.

There is no religious worship in the proper sense of the term but only propitiation, prayer for intercession, and return of thanks for favors granted. The keynote of this ancestor worship, the sum total of their religion to the exclusion of the belief in a supreme being, is fear. We have seen at the funeral that everything is done to lay the spirit at rest. The people wish never to hear of the spirit again. It is chiefly with a view of averting some evil that worship takes place or with a view of expiating some crime that sacrifice is made or to alleviate some suffering that communication is sought with the spirits. It is a question of, "Do us no harm, do not vent your wrath upon us for what we have left undone," rather than "Keep us from doing evil, save us from being our own enemies." It would appear to be a religion of spite, not of love and kindness, though there are glimmerings of a search after "a hand to guide and protect," as in the prayer given below and also in the action taken when removing a village.

As a corollary of this system of ancestor worship, there is no real priesthood. A man asks for favors for himself; the head of a family petitions a deceased father or some more remote ancestor of greater importance; the headman intercedes on behalf of the village with the spirit of a predecessor; a chief takes the place of high priest on the occasion of a tribal supplication to a former ruler, though he may be replaced by some one of his wise men who acts as intermediary.

Some form of sacrifice is offered with the prayer, and often some omen is sought as a sign that the prayer is granted. For this purpose, flour made from millet called *nsepesi* (nsembe, Chin.) is commonly used. The word *nsepesi* probably includes any sacrificial offerings.